



# “A Grounded Identity”

SESSION THREE

## Bridging the Context

If our identities aren't rooted in God's blessing, then we will often try to find our identities in our self-sufficiency, notoriety, or superiority. Perhaps college students face above-average pressures to ground their identities in one of these three things. For example, competition for professional school admission or for good jobs pushes you to be superior to others; it is easy to find your identity in being superior to others. But you can counteract by regularly learning from humbling experiences, while also spending time in the Bible and solitude.

## Fill in the Blank

- Self-sufficiency: “Am I \_\_\_\_\_?”
- Notoriety: “Am I \_\_\_\_\_?”
- Superiority: “Am I \_\_\_\_\_?”

## Questions

1. With respect to the three uniforms we tend to wear (self-sufficiency, notoriety, superiority), how do these pursuits bring pain - for ourselves and for others? Which of these 3 do you tend toward?
2. When / How have you learned that the world doesn't revolve around you?
3. If you don't have a strong understanding of who you are, how is it still helpful to know who you are not?
4. What is the connection between pride and insecurity?
5. How do you keep your identity rooted in Jesus? What helps you to do that?
6. How would your life change if you could be set free from the “Am I \_\_\_\_\_?” questions?
7. Share a “humbling experience” (one of obscurity, failure, or inferiority) that taught you to keep your identity in God?